



Overeaters Anonymous San Diego County Intergroup, Inc.

Zoom Bombing Guidelines for Hosts

Zoom Bombers are a swarm of people (anywhere from 3 to 20+) that come in and hijack a meeting with undesirable behaviors, such as pornographic words and images, racial slurs, abusive comments, and insults. If your meeting is attacked by these coordinated intruders, follow these steps.

WARNING! These steps will temporarily shut down the meeting and members may leave. If you only have 1 or 2 disrupters remove them individually.

If your meeting is bombed:

1. Click on Security Shield > Suspend Participant Activities.
This will mute all (including yourself), turn off all cameras, disable chat, lock the room. and prevent attendees from turning anything back on. Breathe.
2. Unmute yourself and calmly explain that the meeting will resume shortly.
3. Pause for a few moments and watch the attendee numbers get lower as bombers get bored and leave!
4. Continue to remove any bombers who are still present.
5. Explain that you are securing the room from further disruptions.
6. Locate the individual(s) who were participating at the time of the bombing and click "Ask to Unmute" and "Ask to Start Video" to allow them to continue.
7. Uncheck "Start Video" to allow people to restart their video. Monitor as videos come on that no bombers are still present. You will still need to click "Ask to Unmute" for participants when it is their turn to talk. Gradually turn on other features if things are safe, such as "Unmute."
8. Enable Chat (under Security Shield) and reset chat settings, if necessary.
9. Monitor the chat for leftover intruders.
10. When you are comfortable, Start Video (under Security shield) and turn on your video to signal others to do so.
11. Keep other security features enabled. *
12. Resume the meeting. Breathe.

* You may eventually decide to unlock the meeting and allow participants to rename themselves and unmute themselves (all under the Security Shield). Be prepared to start over if intruders come back or never left.

